



RAM LAL ANAND COLLEGE

DBT STAR COLLEGE

UNIVERSITY OF DELHI

DEPARTMENT OF POLITICAL SCIENCE

organises

CERTIFICATE COURSE

on

TRAINING ON

EXPERIENTIAL LEARNING AND SOFT SKILLS DEVELOPMENT

IN POLICY SCIENCES

for the students of

B.A. (Honours) POLITICAL SCIENCE III YEAR

from

NOVEMBER 7, 2020 - DECEMBER 13, 2020

RAM LAL ANAND COLLEGE, UNIVERSITY OF DELHI



Ram Lal Anand College was founded in the year 1964 by late Shri Ram Lal Anand, a senior advocate in the supreme court of India, in response to the growing social demand in the sixties for providing educational opportunities at the university level. The college was initially managed by the Ram Lal Anand Trust. It was later

taken over by the University of Delhi. Since 1973, it has been run by the University of Delhi as a University Maintained Institution.

The college is located in the picturesque surroundings against the backdrop of the Aravalli ranges in the neighbourhood of the south campus of the University of Delhi and several other educational institutions. It has a vast campus, spread over ten acres of land with green lawns and elegant buildings of much sprawling architectural merit. The college has excellent infrastructure, with the state-of-the-art laboratories, seminar room, amphitheatre, library, playground and cafeteria. The campus is Wi-Fi enabled. Being in a multi-disciplinary, co-educational institution it has approximately 1500 students pursuing different courses in Arts, Commerce and Science streams. Ram Lal Anand College is administered by a statutory governing body as per the university ordinances and legislated by the Executive Council of the University of Delhi.

The college boasts of a highly learned and committed teaching faculty of about 90 teachers. Apart from their traditional role of disseminating knowledge, the teachers inspire and guide the students to manage different activities such as seminars, workshops, debates, theatre, cultural activities including classical music and dance programmes. Teachers are also involved in the guiding students in various research and innovation projects. RLA with its wide expanse of fields and a technical support provides conducive environment for sports. The College is proud to be one of the leading affiliates of the National Cadet Corps (NCC) and National Services Scheme (NSS) with an impressive member of cadets/volunteers enrolled each academic year.

EXPERIENTIAL LEARNING

“For the things we have to learn before we can do them, we learn by doing them”- Aristotle.

Experiential learning conjointly referred to as (EXL) is that the method of learning through expertise, and is a lot of specifically outlined as "learning through reflection on doing". Experiential learning methodology could be a well-known model in education, training, facilitation, work and organizational development. It is Associate in nursing immersive, participant targeted active approach to learning that engages learners of all ages, backgrounds and knowledge levels. It is effectively utilized in faculties, education, therapy, company coaching and alternative areas for academic learning, personal development and skills building. The general construct of learning through expertise is ancient. But as an articulated educational approach, experiential learning is of much more recent vintage. Beginning in the 1970s, David A. Kolb helped develop the modern theory of experiential learning, drawing heavily on the work of John Dewey, Kurt Lewin, and Jean Piaget. Experiential learning has significant teaching advantages. Peter Senge, author of *The Fifth Discipline* (1990), states that teaching is of utmost importance to motivate people. Learning only has good effects when learners have the desire to absorb the knowledge. Therefore, experiential learning requires the showing of directions for learners.

Experiential learning requires self-initiative, an "intention to learn" and an "active phase of learning". Experiential learning is said to happen or take place when participants get immersed cognitively, emotionally, behaviourally and are supported by a facilitator in reflecting, processing the experiences, emotions, thoughts, and actions to get an insight in a safe learning environment, leading to change in perspective, understanding, thought, and behaviour. As higher education continues to adapt to new expectations from students, experiential learning in business and accounting programs has become more important. With reference to this study, employers note that graduating students need to build skills in "professionalism" – which can be taught via experiential learning. Students also value this learning as much as industry.

Experiential learning is most easily compared with academic learning, the process of acquiring information through the study of a subject without the necessity for direct experience. While the dimensions of experiential learning are analysis, initiative, and immersion, the dimensions of academic learning are constructive learning and reproductive learning. Though both methods aim to install new knowledge in the learner, academic learning does so through more abstract, classroom-based techniques, whereas experiential learning actively involves the learner in a concrete experience.

SOFT SKILLS TRAINING

Soft Skills are the set of skills that a person should possess in order to face life's daily challenges successfully and to positively adapt to it. This would build the self confidence in an individual to handle life challenges in a more effective manner. In order to visualize a clearer picture on soft skills, let us now look at some more definitions,

1. Soft skills are the behaviours and characteristics that people demonstrate unconsciously and routinely
2. For success in the workplace, the contributions of soft skills are 85% and contributions of technical skills are 15%
3. Soft skills are learned through practice and experience
4. Soft skills will take you higher in your profession while giving you the technical skills to provide an efficient service

This module will introduce several important soft skills that are vital to overcome challenges in life. Discuss the importance of soft skills with the participants. Arrange their ideas in an orderly manner. Then, discuss and emphasize its importance under the following topics.

The Importance of Soft Skills

- To build and maintain interpersonal relationships.
- To make meaningful/appropriate decisions
- Efficient Communication
- To influence the professional development
- For effective, efficient and higher performance Soft Skills
- Understanding oneself
- Innovative thinking
- Problem management
- Stress and emotional management
- Leadership
- Team work
- Communication

DEPARTMENT OF POLITICAL SCIENCE

The Department of Political Science at Ram Lal Anand College is engaging its students in getting first-hand experience through debates, dialogues, symposiums, national level seminars and through research. The teaching and research programme of the Department is based on a comprehensive social science approach that integrates and interrogates sociological, political, economic, philosophical and cultural dimensions. It encourages a comprehensive study and research in the field of governance and recent political debates, keeping especially the Indian and the international developments in focus.

The Department of Political Science has been attempting to decentre the notions and practices of the political from its conventional moorings in Eurocentric thought and history. While engaged in moving away in its research agenda from dominantly comparative models for some time, the Department has also insisted on learning and undertaking research on the current debates and institutions.

Our general focus has been supplemented by a growing emphasis on the need to combine theory with ethnographic and archival work. We believe that it is necessary to acquaint ourselves with both Western Political Theory and Indian Political Thought in order to address and open out new empirical material to fresh questions. We are convinced that this will illuminate the unfolding reality of India and other countries/regions and also open out new research agendas for other institutions outside in and India. The Department has entered into many collaborations with institutions of national as well as international importance.

This certificate course is designed for the students of BA (Honours) Political Science III year keeping in mind the need, aspirations, their aim and career and is also designed for enhancing their personal skills.

DURATION: 7nd November, 2020 – 13th December, 2020

(A Total of 30 hours)

TIME: 1 p.m. – 4 p.m.

MODULE FOR TRAINING ON EXPERIENTIAL LEARNING AND SOFT SKILLS DEVELOPMENT IN POLICY SCIENCES

| Two sessions of one and a half hours each on the dates mentioned below | (1:00 p.m. – 2:30 p.m.) | (2:30 p.m. – 4:30 p.m.) |
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| 7 th NOVEMBER 2020 (1:00 p.m. – 4:00 p.m.) | Soft Skills development – Resume designing and improving body language | Soft Skills development– Nurturing self-confidence in presentation skills |
| 8 th NOVEMBER 2020 (1:00 p.m. – 4:00 p.m.) | Communication and Verbatim skills | Group discussions |
| 21 st NOVEMBER 2020 (1:00 p.m. – 4:00 p.m.) | Career aims, objectives, selections, options and goals | Time Management and Writing skills |
| 22 nd NOVEMBER 2020 (1:00 p.m. – 4:00 p.m.) | Experiential learning – Discussions on Case Studies | Movie Screening and Analysis of Recent Policy Debates |
| 28 th NOVEMBER 2020 (1:00 p.m. – 4:00 p.m.) | Competitive Examination and Entrance Examinations: An Insight | Examination Patterns and Writing Skills during competitive/entrance examinations |
| 29 th NOVEMBER 2020 (1:00 p.m. – 4:00 p.m.) | Panel Discussion on current issues/topics of politics | Enhancing the skills in relation to General Knowledge |
| 5 th DECEMBER 2020 (1:00 p.m. – 4:00 p.m.) | UPSC/NET/PSC/SSC/Entrance Examinations, paper discussion | UPSC/NET/PSC/SSC/Entrance Examinations, paper discussion |
| 6 th DECEMBER 2020 (1:00 p.m. – 4:00 p.m.) | Assignments/ Panel Discussions | Assignments/ Panel Discussions |
| 12 th DECEMBER 2020 (1:00 p.m. – 4:00 p.m.) | Experiential learning: Developing a Research Article/Paper | Experiential learning: Data Analysis in Policy Sciences |
| 13 th DECEMBER 2020 (1:00 p.m. – 4:00 p.m.) | Presentations on Assignments | Presentations on Assignments |

PATRON

PROF. RAKESH KUMAR GUPTA

PRINCIPAL

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